

STRIDE - COVID -19 Return to Play Planning

When restrictions are lifted for New York State, STRIDE will follow CDC guidelines for program procedures. Currently, as of June 1st, groups of no more than 10 may congregate, with social distancing of 6 feet apart and face masks must be worn.

Currently, golf, tennis and family camping are the programs we are providing. As NYS/CDC Guidelines permit we will continue to get back to providing as many programs as possible.

All participants in programming MUST:

1. Complete / update the STRIDE Registration form which includes the new liability waiver with COVID-19 language.
2. You can now sign up for participating in our family camping or golf program by emailing mevans@stride.org or calling the STRIDE Office @ 518-598-1279.

Walk- ins will not be allowed.

Once enrolled:

- Participants will have their temperature taken at the start of class upon their arrival. We ask that everyone arrives on time or early to ensure this is completed prior to the start of the program. Anyone with a temperature of 100F or higher, will not be able to participate in that day's activities and will be asked to return when they no longer have a temperature. We suggest taking your child's temperature prior to attending class to ensure the chances that they will not get turned away.
- Participants must bring and wear a mask that covers nose and mouth throughout the entirety of the program. Masks will be available to anyone who does not bring one.
- Maintain at least 6 feet of social distance from other participants.

- Bring your own hand sanitizer and practice good hand hygiene while participating.
- All equipment used must be personal property or loaned by STRIDE for the length of the program session. See [STRIDE Equipment Loaning](#) Information.
- *DO NOT ATTEND* if you are experiencing or have experienced any symptoms of COVID-19 (cough, fever, etc.) within 14 days prior to the program date.
 - Please contact STRIDE if you are under quarantine due to experiencing symptoms/tested positive of COVID- 19.
- *DO NOT ATTEND* if you have been in contact with anyone who has tested positive for COVID-19 or has/had symptoms within 14 days prior to the program date.
 - Please contact STRIDE if you are under quarantine due to being in contact with anyone who has tested positive or has symptoms of COVID-19.
- Athletes will need to have a parent or caregiver present during the entire program instruction to help the athlete with maintaining social distance from other participants and to assist in any hand over hand instruction.
- See [Enhanced Cleaning Protocols](#) as they pertain to each program.