



FREQUENTLY ASKED QUESTIONS:

1. Will there be a different format this year due to Covid concerns?

Yes. STRIDE specializes in adapting, and we realize everyone has different levels of comfort with participation and travel. That's why we're offering two registration options: on-site participation, or virtual registration.

2. What will on-site participation involve?

For the first time ever, this event will take place at 3 different mountains in 3 different states! Join us at your home state mountain to avoid travel restrictions such as Covid testing, quarantining, and other inconveniences/restrictions with crossing state lines! The event will be low-key, due to 'event restrictions for gatherings, therefore, you will self-report your laps to STRIDE's Program Director, Megan Evans, at mevans@stride.org.

3. What will virtual registration involve?

At its heart, this is a fundraising event to help people with disabilities and special needs to enjoy the same sports and recreation activities as you! If you are not comfortable attending this year, we offer a FREE virtual registration where you can fundraise and be with us in spirit. You will, of course, be eligible to receive all of the top fundraising prizes and registration gifts.

Your help is vital to STRIDE's ongoing success during these difficult times, which have dramatically affected the fundraising and budgets of every nonprofit organization. To see firsthand what we are fighting for, please visit our YouTube channel at:

<https://www.youtube.com/user/STRIDEAdaptiveSports/>

4. Where and when will there be on-site skiing this year?

To facilitate in-state participation for our on-site skiers, STRIDE is proud to make the following mountains available for you to ski:

[Jiminy Peak Mountain Resort \(Hancock, MA\)](#)

Monday, February 22nd, 2021 @ 8:00 A.M.

[Ski Sundown \(New Hartford, CT\)](#)

Tuesday, February 23rd, 2021 @ 8:00 A.M.

[Catamount Mountain Resort \(Hillsdale, NY\)](#)

Tuesday, February 23rd, 2021 @ 8:00 A.M.



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5. What Covid safety measures will be taken for on-site participants?

Masks are required with social distancing including in lift line; we are asking that each team of 4 ride the lift only with each other (a group of people you are familiar with and trust). This will decrease safety measures among Covid concerns. Limited indoor seating unless eating; check each mountain website for restrictions and directions before travel.

6. How will virtual participation work?

Virtual participation is free, and you will be given an online fundraising page to help STRIDE level the playing field for athletes with disabilities. We are asking all virtual participants –in lieu of skiing or snowboarding 100k vertical feet with us – to choose your own challenging and impressive athletic feat and let us know what/how you did! This might include biking, cross country skiing, snowshoeing, jogging, skinning up a mountain...you are only limited by your own creativity!!!

7. How will fundraising prizes work with virtual participants?

There is no official fundraising goal for virtual attendees; however, to qualify to receive prizes, you will need to raise a minimum of \$250.00, which is the official minimum for on-site participants that are skiing. This is also the minimum to receive an event “goody bag” including t-shirt and extra lift ticket to be used the remainder of the season.

8. Will there be food for the on-site skiers?

Yes, we will provide each registrant with individual goodie bags with snacks and food gift cards.

9. Does my registration fee count toward my fundraising requirement/goal of \$250 per person or \$1,000 per team?

YES!!!

10. Is this event a race?

No! The 100K is an endurance challenge and a fundraiser for STRIDE Adaptive Sports. No prizes are given for the individuals or teams that finish first. Safety is our first priority during the 100K, and those who treat the event like a race by tucking or otherwise skiing out of control will not be allowed to complete the event.



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11. If I don't meet the minimum donation requirements, will I be restricted from participating in the event?

The 100K is intended to be a fundraiser, so we established minimum fundraising objectives to ensure we meet that objective. The 100K staff will provide fundraising tips and assistance to help participants meet their minimums. For your efforts you receive two days of skiing, and a myriad of gifts totaling a value of \$100

12. Do I have to raise money only from my friends and family or can I get sponsors, such as my work or other businesses?

We encourage participants to seek out corporate sponsors, which will count toward your goal. We have a list of sponsor levels and benefit packages that are available. Please contact Patrick Hayslett, Development Director for more information and supporting materials. (phayslett@stride.org or 518-598-1279).

13. Is there an age limit for participants?

Yes. To participate in the 100K you must be 16 years or older.

14. Is STRIDE Adaptive Sports a registered non-profit?

Yes, STRIDE Adaptive Sports is a registered 501(c)(3) with non-profit status from the IRS. Therefore, all donations made to support your fundraising goals are tax deductible.

15. Are costumes allowed?

Absolutely; in fact, they are encouraged.

16. How will the 87 runs be counted?

TBD at our Jiminy Peak site; and due to Covid 19 restrictions, please self-report your runs to Megan Evans, Program Director, at mevans@stride.org. if skiing at Catamount or Ski Sundown

Catamount Vertical = 1,000 or 25 runs per team of 4

Ski Sundown Vertical = 625 feet or 40 runs per team of 4

Jiminy Peak Vertical = 1,150 feet or 22 runs per team of 4



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** there are no high speed lifts at Ski Sundown or Catamount... a step back in time so completing runs in a day may be impossible so you may credit yourself with 50,000 vertical feet in two days with your tickets!! (No one is counting this year ☺)