

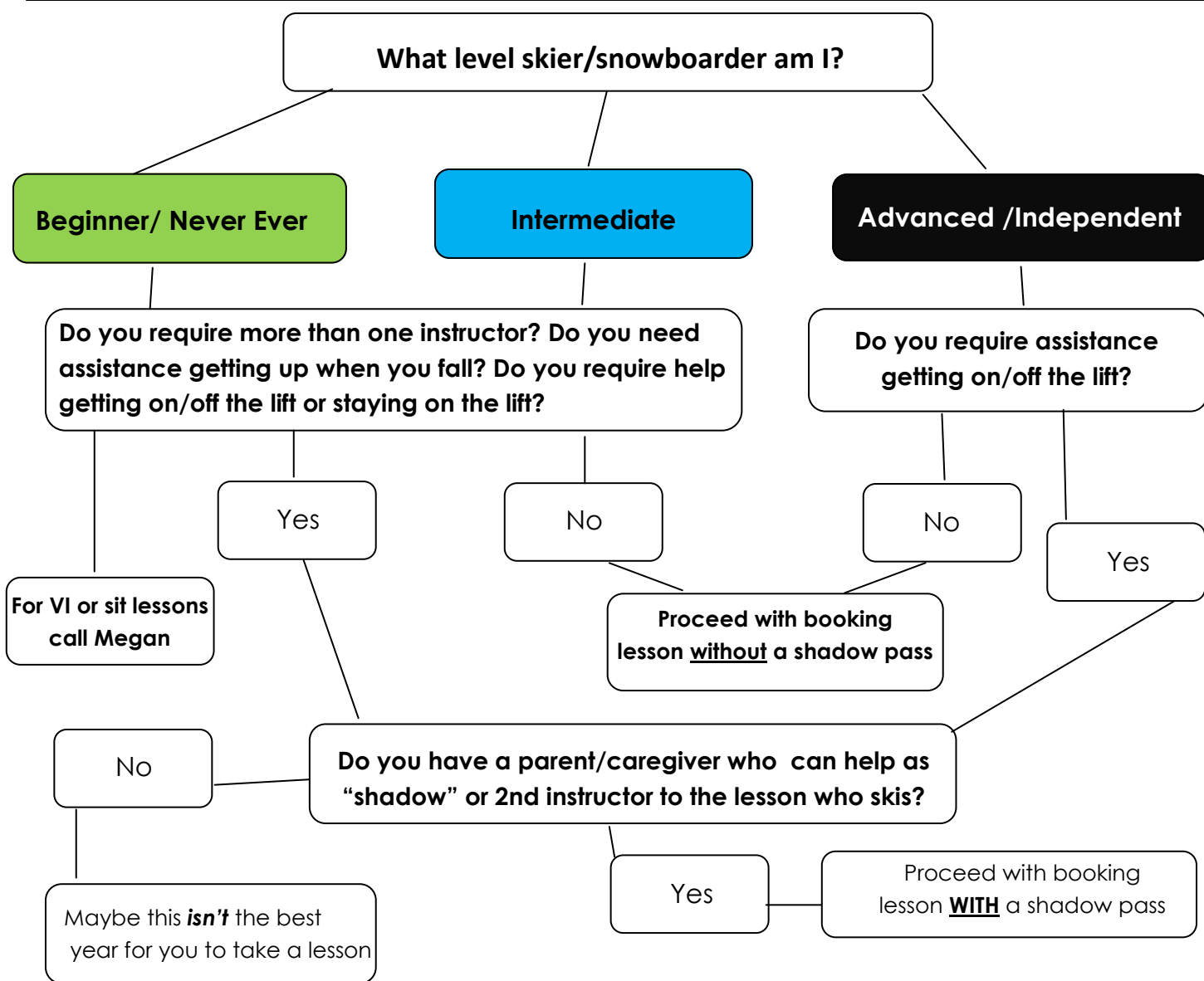


# STRIDE Snowsports

## Athlete Self-Assessment

Please answer (you/participant/family) the following questions to decide if reserving a STRIDE ski or snowboard lesson is right for you this season. Working with ski area management due to COVID—19 protocols, we must revamp the structure of our program.

After reviewing the information, if you wish to proceed with booking a lesson please contact STRIDE Program Director– Megan Evans; [mevans@stride.org](mailto:mevans@stride.org) or 518-598-1279.



**\*\*Please note that the lodges and community spaces will be closed . If a parent/caregiver plans to wait for the lesson to conclude, you will need to wait in your car (tailgate, run errands, etc.) or self- guided snowshoeing is an option.**

**\*\* Anyone booking a lesson with a shadow pass: the shadow pass is for those who are independent /intermediate level. For any questions of uncertainty, call or email Megan :[mevans@stride.org](mailto:mevans@stride.org) or 518-598-1279.**