



STRIDE August E-News!

★ Moments in STRIDE

Congratulations to 2021 Volunteer & Athlete of the Year!

Anthony Curro & Marleah Lybolt

Congratulations to Anthony Curro, 2021 Athlete of the Year and Marleah Lybolt, Volunteer of the Year! Anthony has a success story that embodies everything about the STRIDE way of life and its amazing transformative power. Anthony was diagnosed at age two without speech, with Autism Spectrum Disorder. He began his journey with STRIDE in 2016 at a SCORE Camp weekend that paired him with a Wounded Warrior mentor. Ever since, there hasn't been a program STRIDE offers that Anthony hasn't attended [Read more about Anthony!](#)



Marleah is a 21 year-old Occupational Therapy Assistant who just graduated from Maria College. She aspires to work in public education and has put her talents and training to great use as a STRIDE volunteer. Marleah came to STRIDE as a participant, but she realized how much she wanted to help others after camping with a visually-impaired athlete at SCORE Camp in Chatham. Marleah jumped into the water with both feet (literally) as a volunteer with STRIDE's swimming program. [Read more about Marleah!](#)

Ride 4 STRIDE /Annual Brewfest

When Warrior Stephen Onley approached STRIDE with a request to use SCORE camp for national meeting of American Infidels Veteran Motorcycle Club as a fundraising opportunity - it was a perfect combo for continuing the Brewfest and former Motorcycle Ride 4 STRIDE. Two events /one cause! And what a breeze of a ride from Chatham HS to [S&S Farm Brewery](#)! The club and ride raised over \$10K, the Brewfest raised a few thousand more and together the event was a huge success, with very little effort! Photos from the event can be found [HERE](#).



Wounded Warrior Boot Camp and Veteran Camps

The annual tradition of 'Boot Camp Weekend' returned this August, pairing kids and veterans for an action packed weekend of



STRIDE Adaptive Sports

STRIDE Teen Kayaking



Crooked Lake
72 Holser Rd Ext. September 7th, 14th, 21st
Averill Park, NY
Tuesdays
4:30- 6:30pm

- Ages 13 & Up
- Must be able to swim
- Must have parent/ or caregiver to assist in & out of water
- Space is limited

To enroll contact: Megan Evans; mevans@stride.org, (518)598-1279

activity. The weekend begins with a veteran reconnect dinner in Chatham, NY, to meet and socialize before youth campers attend on Friday night. Campers arrive learning military-based skills, drills, and activities such as salute, walk in formation, and fold a flag. On Saturday, the group headed to Jiminy Peak Aerial Adventure park and high ropes course for challenging and team-based activity. Big thanks to Lansingburgh VFW for their longstanding support cooking a delicious steak dinner, which was followed by campfire music entertainment by Dave Graham. Sunday included target shooting with air guns.



Several other veteran weekends have been ongoing through the summer with similar activities and success. A big thanks to [Move United Sports](#) for their grant support! Photos are [HERE!](#)

STRIDE Adaptive Sports

Fall 2021 Tennis



Indian Meadows Park
Jason Morris Way, Glenville, NY
(off of Droms Road)

Sunday's 3-4PM & 4-5pm
 (Ages 8-21)

9/12, 9/19, 9/26, 10/3, 10/10, & 10/17

Program Leader : Dave Graham

All participants must have a current STRIDE registration and new liability waiver on file. The \$25 administrative fee has been waived at this time. Donations are welcome!

All participants must wear a mask and maintain social distancing throughout the length of the class. A parent or caregiver must remain with the athlete to help with hand over hand instruction.

SPACE IS LIMITED!

In order to sign up for the class, you must call or email
 STRIDE Program Director, Megan Evans : 518-598-1279 ; mevans@stride.org

Sailing Summer Success

After a year off the water, our sailors were happy to get back on the helm. A full roster of 10 sailors met every Monday night at the [Saratoga Sailing Club](#) to learn more about the sport of sailing.



The participants were not just along for a beautiful ride. They learned:

- Sailing terms and parts of the boat
- How a sailboat works
- Basic sail trim and sail controls
- How to rig the boat for sailing
- How to read the wind
- Changing directions by tacking and jibing
- Essential sailing knots
- Safety basics
- Rules of the road and on-water navigation aids

STRIDE is very thankful to the club members that donated the use of their boats along with their time. A special thanks to the program leader, Anthony Cannone, who stepped up into a leadership role this season.



STRIDE Adaptive Sports

STRIDE Fall Golf



Route Fore Golf Center

391 N Greenbush Rd, Troy, NY 12180

Sunday's 9:30am (Ages 8-21)

9/12- 10/17

Program Leaders :
 Tony & Kelly Curro

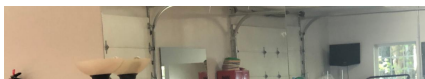
All participants must have a current STRIDE registration and new liability waiver on file. There will not be a \$25 admin fee to participate. Donations are accepted!

All participants must wear a mask and maintain social distancing throughout the length of the class. For more STRIDE Return to Play Information, visit our website; www.stride.org

In order to sign up for the class, you must call or email STRIDE Program Director,
 Megan Evans : 518-598-1279 ; mevans@stride.org

SHARE Center

Benefits the Community



HEARTFELT THANK YOU TO OUR DONORS!!! We would like to take this opportunity to thank August contributors for their financial and in-kind support. These contributions help make STRIDE adaptive programs possible.

Donors

Diane Allana

*Conference rooms/
party spaces available
for constituents /
community. All spaces
have state of the art
electronics and sound.



Meet a client, host a
staff training/meeting by reserving one of our spaces.
Available spaces include:

- 1st floor Warrior/Family lounge (seats 20) - informal seating for roundtable meeting with kitchenette.
- 2nd floor conference room (seats 40) with kitchen.
- 2nd floor Board room (seats 15-20) formal table seating.
- Outdoor large patio setting with grill and Bocce court (40-50).

*Activities happening in-person at the SHARE Center:

- Zumba on Tuesday evenings
- Circuit training and Barre classes
- Yoga Monday evenings
- Pilates Thursday mornings
- Individual Fitness training sessions
- Alter-G Anti Gravity trainings
- Wednesday HIIT class

When the weather is nice the large doors are open; classes are filling up; and amazing talent coaches inclusive classes! STRIDE athletes/volunteers are free; Guests can join in classes for a suggested donation of \$15 per class.

Contact mevans@stride.org for sign-up! More added every month! **Did you know?**...these programs are for **ANYONE**, inclusive!

Family/ Individual Volunteer Opportunities:



- Social media
- Outdoor lawn care/ gardening work at our sites
- Sport program volunteering is back!
- Cleaning for SHARE and office

Contact mwhitney@stride.org if interested

**GET WELL WISHES GLOBALLY to
all those suffering or affected
by COVID-19**



- Get Well wishes to athlete Gracie Spillman after surgery.
- Get Well wishes to athlete Bridget Hotaling
- Big thanks to LJ Whitney and Tom Wilson for helping install AC in the gym!
- Big thanks to Steve Pechacek for assisting in getting AEDs for SCORE and SHARE
- Congrats to Adaptive Golfer & Honorary BOD member John Robinson on his first Hole-in-one!
- Deepest Sympathy to the family of Jiminy Peak Ski Patrol Pete Anderson. ([Obituary](#))
- Thanks to Empire Blue employees for spending a day at the SHARE Center working/cleaning!
- Thanks to NPA Financial for hosting a charity golf

Diane Albano
Gail & Paul Belles
Darlene DeMott
Kirstein & John Donvito
Jay Epstein
Ann Evancoe
Kathy Gullie
Michael Hartman
Lorraine & Kenneth Kaskoun
Maithao Le
Dick Miller
Lauren Mormino
Carol Otto
Michael Reilly
Mary Sapp
Frank & Wilma Schmeler
Erich Struna
Jen Styczynski
Mary Wager
Mary Beth Wenger
LJ Whitney

Corporations / Stores

AAA Hudson Valley
The Arlington House
CJ Lawn Care
Commercial Investigations
County Waste
Crossgates Mall
Donnybrook Country Club
The Edison Club
Epic Brokers
Essex Steam Train & Riverboat
Girvin & Ferlazzo, PC
Hartman Chiropractic
High Adventure Ski & Bike
Hyline Cruises
Images Cinema
Kensington Books
Nicole's Restaurant
The Red Lion Inn
S&S Farm & Brewery
The Sagamore Resort
True Value East Greenbush
Ski Sundown
Stewart's Shops
Towne Tavern

Organizations & Municipalities

Columbia County Corrections
Columbia County Sheriff
The American Infidels VMC
Town of Sand Lake

35th Anniversary Honorary Committee

Diane Albano
Anonymous
Terrence Arndt
Phil & Carolyn Bayly
Karen Chave
Ann Myers & Ed Hallenbeck
Kathleen Jimino
Garry Klein
Colin Liebert
Clem & Janette Marino
The Mandel Family (Amanda)
Joanne Moses
John Murphy
Virginia Lynn & Steven Patterson
Don & Betsy Reutemann
Frank & Wilma Schmeler

William Schollenberger
Elise Stillo
Spencer Wohlers & Linda Cassidy

Thanks to all the volunteers for making a charity golf

- Big thanks to Columbia County Sheriff Dave Bartlett and the Corrections department for SCORE grounds maintenance



We have a very active "SOCIAL" life at STRIDE! Join us on Facebook, for all the latest and greatest activities and resources.



In Honor of Mary Ellen Whitney
Savell Quinn

In Memory of Peter Anderson

Linda Briggs
John & Brenda Elling
Vaunie Gaulty
William & Barbara Holzkamp
Florence & Barry Nielsen
Cynthia & Thomas Zanonato

In Memory of Paul Yonkers

Mary Ellen Whitney

In Memory of Elizabeth Bulger

Amy de Soya

In Memory of Frances Anne Hughes

Charles & Elaine White

In Memory of Nora MacIntosh

Bridget Anderson

In Memory of Dan Good

Robert Randelman



STRIDE CENTER FOR OUTDOOR RECREATION & EDUCATION

Family Camping @ SCORE

Come enjoy the great outdoors with your family
and get a breath of fresh air!



Reserve your families space to camp on our 85 acre campgrounds
Weekends available starting in May!

Suggested donation: \$20/night

Resources that would be available:

- Tent & Cots Grill with propane tank
- Camping chairs
- Campfire wood

For more information& to reserve a weekend:
call or email Megan-518-598-1279/ mevens@stride.org

STRIDE Adaptive Sports 4482 NY Highway 150 West Sand Lake NY 12196 www.stride.org 518-598-1279